

Community Service Programs – April

Coleman Sports Complex

Bunny Bonspiel - April 18-20
Kananaskis Pro Rodeo – May 2-4

McEachern Community Centre

Gymwalk

Monday to Friday 12:00pm - 1:00pm Cancelled April 2, 18,21, 28. May 1

Exercise for LIFE – Adult Fitness Program

Tuesdays and Thursdays - 10:00am - 11:00am Cancelled April 1

Pickle Ball

Mondays 9:00am-11:00am Cancelled April 21,28

Thursdays 1:30pm - 3:30pm

Fridays 6:00pm-8:00pm Cancelled April 18

Sundays – 12:00pm-5:00pm Advanced, Intermediate and Beginner Play
\$5.00 drop-in fee.

*Scheduled times subject to cancellation.

Check Rec Desk calendar on crowsnestpass.com

Open Gym

Friday 1:30pm -2:30pm

Recreation Badminton

Tuesday 6:30pm-8:30pm \$5.00 drop in fee

Recreation Volleyball

Sunday 6:30pm-8:30pm \$5.00 drop in fee

Volunteer Appreciation Night

Thursday May 1 Doors Open 5:30pm Dinner 6:15pm

Pick up Tickets until April 24 at MDM Community Center.

The Municipality of Crowsnest Pass would like to invite community volunteers to a night of celebration. Join us for dinner, entertainment, and presentation of the Order of the Crowsnest Pass- Outstanding Volunteer Award and the Outstanding Youth Award.

Crowsnest Community Hall

Drums Alive

Tuesdays April 8 – May 28

\$80+GST Monthly rates available Drop In Fee \$15.00. 6:15pm-7:15pm Ages 12 and up. Equipment Supplied

Drums Alive joins the dynamic movements of aerobic dance with the pulsating rhythms of the drum. It is a unique sensory/motor program that is designed to give the mind and body instant feedback through continuous movement and rhythmical flow.

Drums Alive for Older Adults

11:00am- 11:45am Wednesdays Crowsnest Community Hall

April 9 – May 28 \$70.00+GST Drop In Fee \$15.00

Drumming exercise has been shown to improve concentration, reverse stress responses, improve sensory and motor movement, and produce feelings of elation and creativity. Drumming has also historically been viewed as a means for emotional expression.

Event Calendar and
updates on
www.crowsnestpass.com
Municipal FB page and
CNP Rec Desk
For more info or to
register call Community
Services Office at
403-563-2208



EASTER FUN RUN

PUT ON YOUR RUNNING SHOES!

GRAB YOUR FRIENDS, YOUR KIDS, YOUR PARENTS

Join us Friday April 18

START TIME: 10:00 A.M. SHARP at the Crowsnest Community Hall, Blairmore!

- 2 and 5K route! No entry fees! No pre-registration. Just come, sign a waiver and enter your name for some GREAT post run prize draws and snacks.
- **NOTE: There is no volunteer traffic control - you are responsible for your own well-being!**

Baseball Clinic

Hosted by former Cincinnati Reds pro Pitcher /Associate Scout Geoff Freeborn and various other former pro and college baseball players.



Saturday May 10 – 12:00pm-4:00pm

Hillcrest Ball Complex- \$75.00

Register at MDM - Community Services 403-563-2208

Challenger Sports Soccer Camp – Crowsnest Pass

Free Jersey with Early Registration,
Sign up today at challengersports.com!
August 11th - 15th



Southern Alberta Summer Games July 2-5th Taber AB
Registration coming soon in May – For Info call 403-563-2208

Register for 3/5/10KM Run, 3 on 3 Basketball, Athletics (Track & Field), Cribbage, Mini Soccer, Baseball, Soccer, Badminton, Swimming, Beach Volleyball, Pickleball, Smallbore/Handgun, Archery, Motocross, Golf, Weightlifting, E-Sports, Bowling, Mountain Biking and more...

Go Team Crowsnest!!