



## Eco Club News

March, 2025

March is busy with a lot of Eco-actions!

1. Music Festival – March 26 – Eco Club Rangers will be presenting their **“PLASTICS RAP”** at the CNP Music Festival at Horace Allen on Wednesday, March 26. They are very excited and we will be having a few practices at school in the next 3 weeks!

2. Friday, March 7 – **“The Great Big Crunch”** is back this year! Horace Allen participated in this event founded by FoodShare and coordinated by the Coalition for Healthy School Food to raise awareness of the importance of healthy food at school. This is a national movement and annual moment of **anti-silence** where students, teachers, parents and others passionate about good food, crunch into apples (or other crunchy fruit or vegetables) to make noise for healthy school food. Mrs. Williams provided each class with a tray of crunchy veggies and students noted which veggies crunched loudest, how fresh produce

helps our bodies and then chose a veggie they like best to be their **Veggie Superhero!**



3. All Wednesdays in March – **“Waste-free Wednesdays”** - encouraging **Litterless Lunches!** Thanks to families for helping students prepare and think about making litterless lunches! We are learning how ‘plastic’ is especially harmful to our world wildlife as it does not break down for hundreds of years and recycling is not always an option! **Class with the most waste-free lunches on these 4 Wednesdays will win a “Tea Party”!** See poster next page:

4. Wednesday, March 27 – **“Treasure Swap”** – at Student-led Conferences – Reduce, reuse, recycle – toys, puzzles, books, games, etc! **Bring a treasure... Take a treasure!** \*\*\* Eco Club Rangers are making (upcycling) **t-shirt tote bags and draft door stoppers** to offer at the Treasure Swap Silver Collection on the evening of Student-led Conferences with proceeds going towards our continuing **Juicebox fundraiser** for the CNP Foodbank!

5. On-Going SDG Learning - Eco Club students are becoming familiar with the United Nations 17 Sustainable Development Goals! The 2030 Agenda for Sustainable Development, adopted by all United Nations Member States (172 countries) in 2015, provides a shared blueprint for peace and prosperity for people and the planet, now and into the future. At its heart are the **17 Sustainable Development Goals (SDGs)**, which are an urgent call for action by all countries - developed and developing - in a global partnership. They recognize that ending poverty and other deprivations must go hand-in-hand with strategies that improve health and education, reduce inequality, and spur economic growth – all while tackling climate change and working to preserve our oceans and forests.

**Reminder: Horace Allen is an on-going drop-off/collection site for:**

- 1. Cell phone recycling supporting the Calgary Zoo Gorilla conservation project!**
- 2. Used blankets/towels/facecloths supporting the CNP Animal Shelter**
- 3. \*NEW\* Markers/pens recycling, also household batteries.**

# Litter-less LUNCH DAY on Wednesdays



Why Pack a Litter-less Lunch?

Litter-less lunches create less waste, save money from trash removal and often lead to healthy eating choices for the students.

How Can Parents Help?

Inspire your children & be as **GREEN** AS YOU CAN BE!

Reducing School lunch litter is such a cool plan!

## How to Pack a Litter-less lunch

- 1. Get your children involved.**  
Encourage your children to help pack their lunch. Pack portions that they will eat to minimize leftovers.
- 2. Start with a reusable lunch bag, or lunchbox.**  
Avoid disposable plastic bags.
- 3. Use a refillable drink bottle for water or juice.**  
Avoid single use juice boxes & pouches whenever you can.
- 4. Pack all food in reusable containers.**  
Avoid plastic wrap, ziplock bags, foil and prepackaged foods.
- 5. Include reusable cutlery and remind your kids to bring it home.**
- 6. Smile ... you have helped the earth.**

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 **SUSTAINABLE DEVELOPMENT GOALS**

