

SCREENSTRONG

PARENT WORKSHOP

INVITATION FOR CNP PARENTS/GUARDIANS

JAN. 23RD 6:15-7:45PM

ISABELLE SELTON SCHOOL- LEARNING COMMONS

RSVP YOUR SPOT BY CALLING

403-562-8816

- GAIN TOOLS TO GUIDE KIDS AWAY FROM "PIMU" BEHAVIORS (PROBLEMATIC INTERACTIVE MEDIA USE)
- REPLACE HARMFUL SCREEN USE (SOCIAL MEDIA, VIDEO GAMES, AND MORE) WITH HEALTHIER ACTIVITIES, STRONGER FAMILY CONNECTIONS, AND LIFE SKILL DEVELOPMENT
- BUILD MEANINGFUL, REAL-WORLD EXPERIENCES
- Q AND A SESSION