



Family
Resource
Centres

Supporting People with ALL Disabilities

Across Alberta

Hello!

My name is Lorraine Reno, and I am very proud to say that I have lived in this area of Alberta my entire life, born and raised right here in the Crowsnest Pass.

In 2021, I was chosen to be the Family Resource Coordinator for Autism Society Alberta in the Crowsnest Pass/Pincher Creek areas, to bring awareness, resources, referrals, and information about *all disabilities* to families and individuals in our corner of the province.

When you have a disability, or you are supporting a family member with a disability, no two days are the same, so day-to-day living can be challenging. My philosophy in this position is to convey compassion, empathy, and heart, while sharing resources, referrals to supports, and information with individuals and families. Adding hope to someone's day that is filled with stress and worry goes a long way.

We have resources to share regarding ALL disabilities. We also have an array of FREE presentations and workshops available that you can register for, or watch on your own time, as many are recorded. Ask me about them! I am available for in-person visits, or we can talk on the phone. I can also meet with you virtually if that works better. Call me at 403-583-0482, or email me at FRCcrowsnest@autismalberta.ca.

Sincerely sent,

Lorraine Reno
Family Resource Coordinator
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LORRAINE
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Family Resource Coordinator

Autism Alberta's Family Resource Centres
Crowsnest Region

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Supporting People with **ALL Disabilities** Across Alberta

Supporting individuals with disabilities and their families to access and navigate a variety of disability supports and services available in Alberta.

Guidance

Providing resources, information, and assistance to help families manage their FSCD (Family Supports for Children with Disabilities) and PDD (Persons with Developmental Disabilities) services (e.g. how to find and hire staff, planning yearly goals, managing documentation, etc.).

Presentations

Presentations and workshops on a variety of topics including RDSPs, Abuse Prevention and Response Protocol, and Non-Violent Crisis Intervention.

Resources

Toolkits, videos and an online database providing individuals and families 24/7 access to information.

Community

Opportunities for families and individuals to connect with others and find local community resources and support groups.

Crowsnest Pass

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(403)564-0082 or (403)583-0482 (cell)